

Checklist

Note to Caregivers: This checklist is designed to assist you in observing and fostering cultural competence in your child. It's also an opportunity for selfreflection on your own cultural competence. Cultivating these traits is a shared journey of growth with your child. Each child is unique, and these characteristics might manifest differently in every individual. Utilize this checklist as a reflection and discussion tool for both you and your child. Remember, nurturing cultural competence is a continuous process, embracing both self-awareness and an appreciation of others. This journey is not just about guiding your child but also about learning and growing alongside them.

Characteristics of Culturally Competent Kids Checklist

- 1. Open-mindedness: Shows willingness to learn about and appreciate different cultures and perspectives.
- 2. Curiosity: Actively inquires about different cultures, showing interest in learning new things.
- 3. Self-awareness: Has a strong understanding and appreciation of their own culture, and expresses it with confidence.
- 4. Pride in Own Culture: Demonstrates a strong sense of pride in their cultural heritage and practices.
- 5. Effort in Cultural Practice: Makes an effort to learn about and actively engage in their own cultural practices.
- 6. Empathy: Understands and respects the feelings and perspectives of people from diverse backgrounds.
- 7. Adaptability: Adjusts behavior in a culturally appropriate manner in different settings.
- 8. Respect for Diversity: Appreciates and values differences in people, cultures, and customs.
- 9. Effective Communication: Communicates respectfully and clearly with people from various cultural backgrounds.
- 10. Cultural Awareness: Recognizes and understands their own cultural biases and assumptions.
- 11. Inclusiveness: Includes and welcomes peers from diverse backgrounds in activities and social groups.
- 12. Critical Thinking: Questions stereotypes and challenges cultural biases.
- 13. Collaboration: Works well with others from different cultural backgrounds, respecting their ideas and contributions.